

Georgia Golden Olympics

MARCH 2018

Promoting healthy, active lifestyles!

2018 Georgia Golden Games



The 2018 Georgia Golden Olympics is scheduled for September 26-29, 2018 in Warner Robins, GA. The Warner Robins Recreation Department and the City of Warner Robins will be our gracious host again this year. The registration materials will be available by May 1 by email and on the games website: georgiagoldenolympics.org. Registration will be open until August 1, 2018. From August 1-15 registration with a late fee will be available. No registrations will be accepted after August 15, 2018.

The 2018 Georgia Event is a qualifying games for the 2019 National Senior Games in Albuquerque, New Mexico, June 14-25, 2019. Albuquerque is excited to be hosting the national event and have chosen some great venues for the events.

Start training now for the 2018 Georgia Golden Olympics and the 2019 National Games. For more information on the National Senior Games go to the website at nsga.com.

Georgia
Golden
Olympics



Barney Ochs Sportsmanship Award and Ruth Gaylor Spirit Award



The **Ruth Gaylor Spirit Award** was presented to Mrs. Marty Barlow-Beighley at the 2017 Awards Banquet. Mrs. Marty truly embodies the spirit of the games with her enthusiasm and excitement. She is quite an ambassador for the games as well, since she brings new athletes every year from The Villages Florida. Mrs. Marty we are so glad you love us and our games. We love you too!

Mr. James (Jimmy) Culpepper received the **Barney Ochs Sportsmanship Award**. Mr. Jimmy is from Cordele, GA and is a long time participant and supporter of the games. He is always there to offer assistance, coach other athletes and cheer them on in their events. Thank you Mr. Jimmy for all you do for us.

Congratulations to our 2017 award winners.

Lola Frost Volunteer Award



The first **Lola Frost Volunteer Award** was presented to two of our favorite and best volunteers ever. The recipients of the award just happen to be Lola's sons, John Brooks and James Brooks. If you know any of the volunteers you probably have met or heard of these two. They are awesome volunteers and willing to step in and do anything asked of them during the games and before the games. James was not able to attend in 2017 and is not pictured above, but in 2016 he was everywhere he was needed. John (above left) attended the games in 2017 and worked hard for both of them. John also is the webmaster for the games website and does an excellent job. Also pictured (center) is Lanny Frost, Lola's husband. We miss and love you Lola and appreciate your sons carrying on with the games. We love them too!!

Local Games for 2018

Cherokee County Senior Games
Fulton Golden Games
Griffin Senior Games
Gwinnett County Senior Golden Games

April 9-April 27, 2018
April 25-May 24, 2018
April 2- May 11, 2018
March 28-May 9, 2018

Contact: 404-450-1654
Contact: 6782976143
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Contact: gsginfo@googlegroups.com

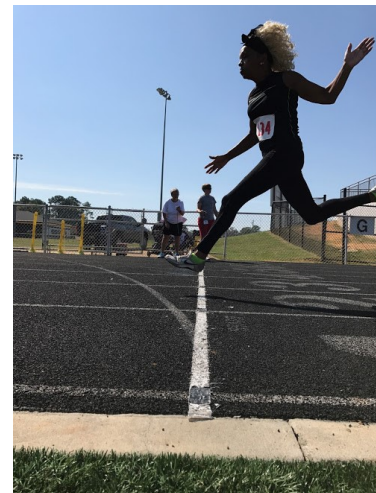
Make a Contribution to the Georgia Golden Games, Inc.

The Georgia Golden Games are funded by registration fees and by contributions from friends, organizations and others who have an interest in the health and well-being of older adults. If you would like to make a contribution toward the event and the programs offered, you may send to the address listed at the bottom of this newsletter or you may go to the website and make an online contribution. All contributions are appreciated and will be used to make the games even better. Thank you in advance.



The National Senior Games partners with the American Council on Exercise (ACE), to support the fitness and sports performance of America's seniors through education and training. ACE is an established, nonprofit organization, providing unbiased, quality resources for health and fitness professionals, and the public.

The ACE/NSGA web portal, is free of charge, and only available through NSGA.com. Seniors wanting to Step Up Your Game, increase physical activity, get fit, or prepare to compete in The "Games" will find helpful guidance and videos from experts. Please feel free to share this opportunity with your friends and family.



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Join us in September for fun, fellowship and competition!!!